

# July

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		<b>1</b>	<b>2</b> 3:00-6:00 Lifting	<b>3</b> NO LIFTING	<b>4</b> 4 <sup>th</sup> of July	<b>5</b>
<b>6</b>	<b>7</b> NO LIFTING	<b>8</b>	<b>9</b> 3:00-6:00 Lifting	<b>10</b> 3:00-5:30 Lifting	<b>11</b>	<b>12</b>
<b>13</b>	<b>14</b> 3:00-6:00 Lifting	<b>15</b>	<b>16</b> 3:00-6:00 Lifting	<b>17</b> 3:00-5:30 Lifting	<b>18</b>	<b>19</b>
<b>20</b>	<b>21</b> 3:00-6:00 Lifting	<b>22</b>	<b>23</b> 3:00-6:00 Lifting	<b>24</b> 3:00-5:30 Lifting	<b>25</b>	<b>26</b>
<b>27</b>	<b>28</b> 3:00-6:00 TESTING WEEK	<b>29</b>	<b>30</b> 3:00-6:00 TESTING WEEK Equipment Dist.	<b>31</b> 3:00-5:30 TESTING WEEK Equipment Dist.		

2008

# August

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
					<b>1</b>	<b>2</b>
<b>3</b>	<b>4</b> <u>NO LIFTING</u>	<b>5</b>	<b>6</b> <u>NO LIFTING</u>	<b>7</b> <u>NO LIFTING</u>	<b>8</b>	<b>9</b>
<b>10</b>	<b>11</b> CAMP 10:00 -5:30PM	<b>12</b> 10:00 -5:30PM	<b>13</b> 10:00 -5:30PM	<b>14</b> 10:00 -5:30PM	<b>15</b> 10:00 -5:30PM	<b>16</b> <i>Scrimmage Away vs. Bensalem 10:00 AM</i>
<b>17</b>	<b>18</b> CAMP 10:00 -5:30PM	<b>19</b> 10:00 -5:30PM	<b>20</b> 10:00 -5:30PM	<b>21</b> 10:00 -5:30PM	<b>22</b> Scrimmage Home vs. Phoenixville 6:00 PM	<b>23</b>
<b>24</b>	<b>25</b> 3:00 -5:45	<b>26</b> 3:00-5:45	<b>27</b> 3:00-5:45	<b>28</b> 3:00-5:45	<b>29</b> HOME OPENED WILLIAM TENNETT 7:	<b>30</b>

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